

What Is Ormus?

www.WhatIsOrmus.com and www.OrmusMinerals.com



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Chapter 1

What Is Ormus?

Thank you for taking the time to read our Guide concerning a truly remarkable substance that has everyone from natural health enthusiasts to scientists excitedly discussing it worldwide. Its name is **Ormus**, and when you are through here you will likely be amazed. Ormus represents a truly revolutionary discovery for those looking to maximize their health and vitality, with benefits reaching into a great many other areas of life as well.

Hard not to be interested, isn't it? This is one of the most exciting health breakthroughs you are likely to ever be exposed to.

First things first. Let's take a look at just what Ormus is, before we explore further.

Ormus

Ormus, also sometimes referred to as ORME (short for orbitally rearranged monoatomic element), is a substance discovered in the 1970s by a Arizona farmer named David Hudson who stumbled upon Ormus while mining for gold on his land.

Hudson was more than intrigued by finding this material again and again during his quest for gold, and he possessed the finances to explore his curiosity further. Millions of dollars (yes, *millions* of dollars!) later, Hudson was able to come out of his research not only with an encyclopedic knowledge of this substance, but also by 1989 patents on the material and a method on the extraction process best used by his team to obtain it.

What is it in this material that inspired all of Hudson's long and hard effort? Not to mention his financial investment?

Hudson believes, and his evidence is quite convincing, that Ormus is something which is closely related to what mankind has been obsessed with since the ancient times: precious metals in a different atomic state, in what Hudson called m-state, which can be up to 10,000 times more abundant than in their metallic form. The ancients called it the Philosopher's Stone among many other names.

They credited it with a long list of benefits, nearly all of which have been replicated with the smart use of Ormus today

Large amounts of m-state elements have clearly been identified in in seawater. They include gold, copper, silver, platinum, palladium, nickel, mercury, iridium, osmium, and cobalt to name a few. Hudson believes others can also be included on the Ormus list. With more deep scientific research occurring in this area every day, there is little doubt the list of Ormus m-state elements will be greatly expanded in time.

What is agreed upon in the ancients' experience (and experiments) with their Philosopher's Stone/Ormus, as well as those who are using Ormus today, is the powerfully beneficial and rejuvenating effects it has on the body, mind, and even spirit. While the ancients, of course, were forced by the nature of their times to give magical explanations for these benefits, we now have cutting-edge science which confirms them almost entirely.

Ormus is here and is 100% real, with the studies to back it up, along with real-life feedback and testimonials which have become nearly too numerous to count.

This isn't even the limit to the good news.

Beyond health benefits as a supplement for you, me, and others enthusiastic about living longer and more fulfilling lives, Ormus is also an incredibly efficient way to energize the soil and bring it back to vibrant health as well. It's hard to think of another substance that carries such a universal appeal.

As we can see, this is just the tip of the iceberg when it comes to answering the question of "What is Ormus?" Our book will explore this thoroughly, and I am excited about the opportunity to share it with you.

At the end, I think you will agree this will likely go down as one of the most exciting discoveries of our lifetimes!

Let's dig deeper together.



Chapter 2

Sources of Ormus

As we explore the idea that Ormus is a foundation of vibrant life, a question naturally comes to mind: in addition to the supplements many people are using successfully to boost the levels of Ormus in their bodies, or are adding to their soil to reap Ormus's ability to revolutionize agriculture, where is Ormus most available from food sources?

Here's a look at some of the best natural places to find Ormus. While these sources are not anywhere near the potency you will find in pure supplemental sources, this knowledge can be used to optimize your diet in conjunction with a smart supplement program.

This is nowhere near a complete list, but it will certainly act as a good starting point.

Air, Mineral, and Water Sources

Ormus is available in many areas all around us. Here are some of the most interesting that are being utilized today:



Air: Yes, Ormus is found in the air we breathe. Rather interestingly, recent research indicates that it is more so in the air when there is a full moon.



Rock Sources: It's found most abundantly in rock dust from volcanoes and glacial rock dust.



Salt Sources: Salt such as Himalayan Crystal Salt is very, very high in Ormus. Other sea and crystal salts contain its minerals, but less so in most cases.



Water Sources: Seawater and spring water are both good sources, which explains much of its beneficial effects on plants, aquatic life, and even humans.

Plant, Vegetable, and Other Edible Sources

Beyond food sources, this list begins with those with the most Ormus, by weight, and works its way down, with a few brief notes where appropriate. In some cases this was less clear, but this is generally accurate.



Concord Grape Juice: An excellent source of Ormus in unsweetened concentrate. Potency does vary slightly by brand, with Seneca seeming to have the edge in the brands tested.

(<http://rawketscience.blogspot.com/2008/09/ormus.html>)



Carrot Juice: An excellent juice source. Carrot juice is a close second to Concord grape juice.

(<http://www.subtleenergies.com/ormus/tw/variation.htm>)



Aloe Vera Juice Concentrate: Aloe Vera research reveals that it helps with digestion, detoxification, and the immune system. (<http://sacredsourcenutrition.com/top-12-benefits-of-aloe-vera/#>)



Almonds: The benefits of adding almonds to one's diet has been shown to help lower LDL-cholesterol and reduce heart disease. (<http://www.whfoods.com/genpage.php?tname=foodspice&dbid=20>)



Water Cress: Don't skip this; David Hudson has repeatedly pointed toward water cress as a great bio-available source which is both affordable and widely available.

(http://www.hobbsknowledgebase.co.uk/wiki/Ormus_And_Its_Benefits2229984)



Blue-Green Algae There are various nutritional benefits from the consumption of blue-green algae. The availability of magnesium, iron, proteins, and trace minerals helps strengthen the body.

(http://www.naturalnews.com/027053_spirulina_blue-green_algae_health.html)



Apricot Seeds: Apricots have been shown to help with heart health, digestion, eye health, and skin health. (<http://www.healthdiaries.com/eatthis/8-health-benefits-of-apricots.html>)



Bee Pollen: Wild bee pollen, especially when harvested from bees living in volcanic regions, is an abundant source of Ormus. Bees in captivity produce dramatically less Ormus in their pollen. This is yet another example of the health dangers of factory farming and raising animals—often the appearance is the same, but important health benefits are lost. (<http://www.hado-energy.com/ormus.php>)



Blood Root: Early settlers and Native Americans used this product for troublesome skin conditions. It is best to seek medical advice. The U.S. Food and Drug Administration has sanctioned it. (<http://www.earthclinic.com/Remedies/bloodroot.html>)



Chocolate: Some Ormus enthusiasts have blended raw chocolate with Ormus to reap a more enjoyable way to partake of the benefits from Ormus. (<http://www.meridianmassage.com.au/productDetails.cfm?id=126933&categoryid=863&subcategoryid=0&sort=id&sortdir=0&page=7&search=&newarrival=0&makeID=0&modelID=0&type=&bodyShape=&selYear=0>)



Coconut Water: Naturally occurring resources for Ormus can be found in coconut water. (<http://ormusminerals.blogspot.com/2010/10/what-are-some-natural-sources-for-ormus.html>)



Garlic: The many health benefits of garlic include the benefit of Ormus. (http://www.hobbsknowledgebase.co.uk/wiki/Ormus_And_Its_Benefits6187423)



Goji Berries: The Chinese have used Goji berries, a good source of Ormus, for thousands of years.

(http://eck-tech.com/Ormus_Products.html)



Noni Fruit: Noni fruit is known for being rich in Ormus. (<http://aponinoni.blogspot.com/p/noni-fruit-is-one-of-most-incredible.html>)

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St. John's Wort: This is just one more of the many resources for gaining the benefits of Ormus.

(http://www.greensolutionsmag.com/back_issues/GSM-Apr10/tyh.html)



Flax Seed and Flax Seed Oil: Flax carries a wide range of benefits in addition to being a source of Ormus. It is highly recommended for those interested in vibrant health as well as life extension.

(http://www.ormusmiraculous.com/blog/Ormus_Blog/tag/leptin/)



Matcha Tea and Other Green Teas: This Japanese tea is a wonderful source for Ormus.

(<http://en.wikipedia.org/wiki/Matcha>)



Royal Jelly: Gleaning Ormus from royal jelly is a way to improve your health.

(http://www.hobbsknowledgebase.co.uk/w/index.php?title=Ormus_And_Its_Benefits6187423&action=edit)



Vanilla: Whole beans are the best choice in vanilla options.

(http://www.greensolutionsmag.com/back_issues/GSM-Apr10/tyh.html)

Animal Sources



Calf and Pig Brain: David Hudson's research revealed calf and pig brain to be roughly 5% Ormus by weight (specifically, monatomic rhodium and monatomic iridium were found.) It was this discovery which led

to the important conclusion that Ormus is an absolute essential part of healthy life in both animals and humans. (<http://www.subtleenergies.com/ormus/health/sources.htm>)

It is clear Ormus is present all around us (and in us), but often only in small quantities in even the best of conditions. This is what has inspired thinking men in the past and the present to develop extraction processes to harness this building block of health and vitality in a concentrated, pure, and potent form.

Now we are ready to take our exploration further. By the time we're done, we will be secure in the knowledge of how to optimize our Ormus levels in the most enriching, simple, and affordable ways possible today!

Ormus from Seawater

As the term indicates, Ormus from seawater is prepared from the sea through a process known as the wet method, which involves a series of stages to achieve the desired product.

The process is made up of the following stages:

- Raising the PH of the seawater in a water solution up to 10.78 using a solution of sodium hydroxide.
- Allowing the mixture to settle, and then sieving the remains which are washed with clean water to acquire the product, which is mainly composed of calcium hydroxide, magnesium hydroxide, and a small amount of m-state material.

The Ormus from seawater is mainly used for agriculture at a convenient rate of 10 to 30 liters per hectare, which usually impacts positively on the crops. The application is done annually and farmers have identified the method as a source of bumper harvests for both crops and pasture as it facilitates faster growth.

Research has shown that animals that consume plants grown with this precipitate survive longer because their health has been improved.

Research conducted on the effect of plants grown in soils fertilized with Ormus from seawater and then fed to animals was found to cure breast cancer among mice; this is replicated in human beings, who use the same method to treat cancerous tissues.

This precipitate has a long residual effect on the food chain that allows the transfer of these vital benefits from one feeding level to the next. On using a precipitate of Ormus from seawater in farming as a fertilizer, the farmers tend to use little or no pesticides at all as the crops develop resistance to insects and disease and also withstand drought conditions, thus preventing losses to the farmer. The precipitate is known to improve soil aeration and Tilth, hence increasing the nitrogen-fixation process.



Other effects to the plants with Ormus-fertilized soils include:

Increased rate of physiological processes like photosynthesis which eventually leads to faster maturity of crops and hence enables them to escape unfavorable climate conditions. This has cushioned farmers against adverse effects of potential drought and loss of their investments.

- High-quality farm produce with longer shelf life as compared to others, which lowers the post-harvest losses to the farmer and hence ensures better sales when the market is favorable.
- The fruits produced are large in size and give a better taste.
- This Ormus from seawater precipitate is cheap to apply in terms of cost, and the overall benefits accrued are very favorable.
- The farmer need not make the fertilizer as he can purchase it from the available manufacturers of the product who sell it at competitive market prices.
- Other than using Ormus from seawater as human supplements, different uses have come up as a result of continued research on the effects of Ormus materials on the lives of animals lives and plants.

The response to these trials have yielded positive results, which have led to increased use of this natural mineral in our activities.



Chapter 3

Ormus and Water

Ever since David Hudson made the discovery of Ormus, interest in it has raised higher and higher every year. Much of the interest comes from the remarkable relationship between Ormus and water. This relationship has intrigued everyone from hardcore scientists, to natural-health enthusiasts, to those inclined toward mystic and spiritual pursuits like alchemy. It's hard to think of another substance or material that has inspired such enthusiasm from such diverse circles.

The enthusiasm is warranted. With the methods available to separate Ormus and water widely available and books full of evidence of the Ormus materials' benefits, how could it not be?

The Ormus materials are also often referred to as "monoatomic," or m-state, elements. This is to distinguish them from normal metals and elements. The Ormus materials exist in a state where their atoms are not bonded together. This means they are chemically inert and unresponsive. This difference in state is what is thought to carry such great benefits when the Ormus materials are consumed or used as a fertilizer.

Another unique quality of the monoatomic elements is that when they pair up, the atoms spin very quickly, causing their weight to reduce by nearly 45%. This has led some researchers to describe them as "tiny bundles of light." This energy is being studied very closely and is thought to rejuvenate life force.

The Ormus materials have been quite difficult to study and have remained mysterious because of unique qualities they possess that seem almost designed to help them avoid detection. These include the fact that their molecular and atomic configuration determines their physical qualities. This is unlike most materials where the protons and electrons determine their physical nature. Ormus materials are also difficult to identify using more common laboratory techniques like spectroscopic analysis because they lack valence electrons.

This had led some scientists to suggest the materials do not exist until they looked deeper into Ormus and water. Once the clues of the "white gold" were seen, many of these skeptics have joined forces with the researchers and explorers who are so excited by the Ormus potential.

Ormus and Absolute Zero

You may have heard the words "absolute zero" come up in discussions of the Ormus materials. Absolute zero is the temperature at which atoms stop moving. This is viewed and agreed upon as a state that brings with it a kind of superconductivity. The monoatomic elements and Ormus materials suggest there may be a further link between

absolute zero and Ormus. The explanation of how this could occur at room temperature in the Ormus materials is that their internal temperatures are in the range of absolute zero while their atmospheric temperature remains "normal."

The Ormus materials have been found to have one exciting and interesting property after another. This has led mystics to consider its discovery to be a re-discovery of the fabled "Philosopher's Stone." When you become aware of things like this, it becomes more and more difficult to disagree with them:

Two of the Ormus elements qualities that have been confirmed are:

Quantum coherence, which is a quality where groups of atoms act in unity rather than as individual atoms.

Presence of a powerful anti-magnetic field, which can even partially block Earth's magnetic field to a degree and has caused some monoatomic elements to levitate in certain conditions!

This quantum coherence of the monoatomic elements was actually theorized as likely to exist by leading scientists of years past, including hugely respected names like Satyendra Bose and, incredibly, Albert Einstein. The material has often been called the "Bose Einstein" condensate after these two great minds.



Ormus and Water

We continue to ponder the growing benefits of Ormus. let's look further at the aspect of Ormus and water.

Water and Ormus work together in a kind of natural synergy. Water provides Ormus a place where it can exist without problems unless it is exposed to electromagnetic frequencies or is overexposed to sunlight. Ormus is also thought to create structures within water, allowing it to protect itself from damaging electromagnetic influences. Many experts on Ormus believe Ormus-rich water acts as a superconductor of both energy and information when drunk; this suggests that Ormus acts as a "super liquid" when consumed. A great many people who drink small doses of Ormus-rich water for exactly this reason report outstanding results.

These benefits also carry over into any fruit or vegetables grown in Ormus-water-enriched soil. In this way, Ormus and water can be thought of as an "anti-GMO" (genetically modified organisms); instead of something artificially created and altering food that harms the people consuming it, Ormus takes the energy of nature and makes food more powerfully healthy and energetically vibrant. This is confirmed in many studies. Plants and fruits grown with Ormus have been demonstrated to be more resistant to disease or attack from insects, and to grow larger more quickly. With the small amount of Ormus and water needed to see these results, many environmentalists are looking toward Ormus materials as a possible solution to many agricultural problems.

There are, of course, a great many methods that can be used to draw the Ormus materials out of seawater or sea salt before recombining them with water. We've gone over these extensively elsewhere, but it's important to note that even after separating Ormus materials from, say, seawater before being consumed, they are generally added to water again.

Water is the perfect vehicle both to protect the Ormus and also to carry it into our bodies in a way in which we can make the best use of it.

In the months and years to come, we will learn more and more about Ormus and water, their relationship, and how we can best use them to supercharge our health, our minds, and even our food. We live in an exciting time where science and mysticism seem to be clearly uniting and long-held questions are finally being answered. Keep an eye on the news about Ormus. Groundbreaking developments are sure to be right around the corner!



Chapter 4

Methods of Ormus Extraction

Methods of Ormus extraction are a truly interesting subject. In all likelihood, a whole book could be dedicated to each, though many of us would likely need to catch up on university-level chemistry classes as well as have some mechanical knowledge to make good use of the information contained in this type of material.

Even a glance at their brilliant work leaves no doubt some of our brightest minds have dived into the Ormus scene with a whole heart. Both amateur and professional Ormus enthusiasts have successfully extracted the material from a number of base substances and are developing new methods to make the process yield more and be simpler and more effective.

Here is a quick look at some of the most popular and proven methods of Ormus extraction. I can't stress enough that safety must always come first if you decide to try to extract your own material. A less than pure end product won't give all the benefits we expect from Ormus and may even cause slight illness if you ingest it. So be careful!

Magnetic Traps: The various magnetic trap methods are probably what are used most often and widely to extract Ormus. The basic idea is that the Ormus materials are contained in H_2O conductors and they respond extremely well to magnetic fields. By swirling the water (seawater or spring water is preferred, but distilled water can also be used) around a strong magnetic trap, the water will be split into two pools—one with Ormus and one without. Different styles of magnetic traps have webpages dedicated to them, and most include plans should you want to build one. All can work very well, although their construction is somewhat expensive.

The Dry Method: Try this method and you may feel like an alchemist of old or perhaps a mad scientist from a science fiction movie. The dry method is used to extract Ormus from salt, with some preferring to use Dead Sea Salt and others choosing Himalayan Salt. This method is fairly complicated and may even be dangerous if conducted improperly. Extreme caution is advised when experimenting with the dry-extraction method, and some past chemistry experience will serve you well!

The Boiling Gold Method: This is included just for discussion's sake and should definitely, I repeat *definitely*, not be attempted. The claim is that Ormus is extracted from boiling gold in an extremely complicated, difficult, and dangerous procedure. Some claim it doesn't even work at all. It is said to be based on ancient texts, which

may give an explanation as to why it neither works as well as nor is as safe as modern methods. Again, never ever risk your health to get Ormus, when safe extraction methods exist and Ormus supplements are both affordable and available. Our aim is to improve our health, NOT endanger it!

Ormus can be extracted many different ways (let's not forget David Hudson even patented his extraction method) and something like the wet method can be perfected at home if you have the time and inclination. Most people prefer to leave it to the professionals and purchase their Ormus from one of the sources they know that are distributing a safe and potent product. With the prices of high-quality Ormus being very reasonable, it's very hard to find fault with this decision. In fact, when you factor in the time spent to extract the substance yourself, buying your Ormus already made may even end up cheaper than doing it yourself!

No matter which option you choose, when you read about all of Ormus's benefits you will want to add this to your diet come what may. Nothing else is quite like it. Not even close.



Ormus Oils

Ormus is the ultimate result of an ancient and natural alchemical process that started with salt from the Dead Sea and concluded with the isolated noble metals which include osmium, platinum, rhodium, gold, palladium, iridium, and silver in a monoatomic form.

The research studies on this compound have indicated that it is super-conductive and is able to carry and transmit electromagnetic energy or light. Ormus is regarded to be very crucial for full-spectrum body building. It seems to be an essential phenomenon in the body functioning of all life forms. It lacks in the body partly as a result of the modern lifestyles that have been adopted. Experiments have shown that Ormus is found in abundance in the sea.

Modern alchemy methods are used to collect and concentrate the Ormus from natural origins. This Ormus can be ingested or mixed with specially prepared blends of essential oil for the intended benefit. It is then infused into a moisturizing lotion base or carrier oils for optimal transdermal absorption as Ormus lotions or Ormus oil forms. Ormus oils can be made from cold-pressed extra virgin olive oils and grapeseed oil.

The grapeseed extract is recognized to be a scavenger for free radicals, which is crucial in the overall health maintenance. This oil composition is then infused with Ormus extracted in an exacting and delicate manner. This salt combination offers a strong base for the trace mineral elements to be infused into the oil. It can be utilized in relaxing baths, in massage therapy, or on a salad.

Some users of the Ormus oil have utilized it to relieve dermal conditions, whereas others have benefited from the healthy feelings and unique flavor from consuming it. The essential oils with Ormus can be used to make mist sprays. This is a great approach to bring the Ormus into the body system.

The Ormus tunes into the essence of practically anything that it is introduced into. Clean ocean water is used as the water base and then the healing alchemy Ormus is loaded into it. When the Ormus mist is sprayed above and around the body or is inhaled, it can produce therapeutic effects. Ormus oils offer skin therapy that delivers rejuvenation to the body.

Most oils extracted from Ormus are obtained from plant seeds that contain all the plant's life force inside it. The oils can be used transdermally and topically to be absorbed into the body. There is no incorrect way of using Ormus oils. The most effectual way is to perform an all-over oil massage. The Ormus oils can also be simply applied anywhere on the skin. The essential oils together with the Ormus are absorbed into the skin and spread all over the energetic and physical bodies to perform their work. This works particularly well if one wants to concentrate on a definite place on the body—for example, massaging Ormus oil directly onto a sore joint or muscle.

The benefits of Ormus are many. It is a super-nutrient capable of reducing the need for one to consume large food portions. Ormus oils when applied on a regular basis can help decelerate the aging process and can also curb its onset. It realigns the physical body to be more conscious.



Chapter 5

Ormus Wet Method

There's no doubt that if we had to choose an Ormus extraction method that is possible at home with minimal equipment and skill that produces a high-quality Ormus end product, it would have to be the Ormus wet method. The Ormus wet method, while not simple, doesn't require a chemistry degree to execute properly and is relatively safe in most cases as far as we know, as long as the instructions are followed.

Please be aware the key words are "relatively safe in most cases as far as we know." The science of Ormus is an ongoing process and in many ways, though we think we understand how it works and operates and there is substantial evidence the Ormus wet method is safe, there are still many unanswered questions.

Hopefully in the months and years ahead, these questions will be answered in hard scientific studies.

All that said, let's explore the Ormus wet method.

The Ormus Wet Method Instructions

What you'll need:

- Dead Sea salt
- Food-grade lye granules
- Distilled water
- Coffee filters
- PH probe

Step 1: The first thing we need to do is use our food-grade lye granules and distilled water to make lye solutions. Please pay close attention while doing this; getting it right is very, very important unless you'd like a contaminated product at the end.

Add ½ cup of the food grade lye granules to a quart of your distilled water. Be sure you are doing this under the hood vent of your stove or, even better, outside. The fumes are dangerous and you definitely don't want to breathe them in unnecessarily, they can cause serious and potentially permanent harm. Gloves and a mask are a must. Be sure you are adding the lye granules to the water and not the other way around. This is also very important.

Stir as you SLOWLY add granules to the distilled water. The solution is going to heat up and become misty looking. This is normal and to be expected. When it cools, it will go back to looking like plain water. This is very important to note. The last thing you want is to have someone confuse your lye solution for plain water. Put your finished lye solution in a glass or plastic container (never, ever use metal) and label it as lye solution immediately.

Safety should always come first. We make Ormus to enhance our health, not endanger it!

Step 2: Now we want to rehydrate our Dead Sea salt. The ratio we are using is ½ cup of Dead Sea salts (the higher quality the better) to 1 cup of distilled water. You have lots of options to do this easily, including buying a plastic measuring bowl and simply adding the proper amounts of Dead Sea salt and distilled water. Stir well until the salts have all completely dissolved.

Step 3: Filter your rehydrated Dead Sea salt water through your coffee filters. This is to be sure there are no rocks or other elements beyond Dead Sea salt in the water that could be harmful or toxic when you separate the Ormus materials.

Step 4: Now comes the fun part! We're ready to do our precipitation. Place your PH probe into the Dead Sea salt water and turn it on. This is where it will be for the entire precipitation process. Keep an eye on the PH and start stirring. It should be in the 7.5 to 8.5 PH range.

Don't stop stirring as you add your lye solution one small squirt at a time. It's very important that you add the lye solution slowly and while continuing to stir. Don't be tempted to try to speed up the process or you will likely be very unhappy with the results!

Now the key here is to add a little lye solution, watch the PH meter move, and then wait for it to stabilize while stirring before you add another squirt of lye solution. You will do this many times until you notice the PH meter is no longer moving as quickly despite your adding more lye solution. This area is where most of your Ormus materials are being made. Continue adding the lye solution squirt by squirt and stirring at the same steady rate. Eventually you will see the PH begin to jump again. In most cases you can expect your PH to be around the 10.2 or 10.3 mark, but this can vary depending on all sorts of conditions, many of which we can't control.

Now we never want our PH to rise above 10.78. When it stabilizes in the neighborhood of 10.6, we are ready. This whole step should take about thirty minutes, so be prepared to stir or have a partner help you out.

Once you have maintained a PH of 10.6 for a while, cover in plastic wrap and let sit for a full 24 hours.

Step 5: Now, 24 hours later you should have roughly 350ml of milky precipitation at the bottom of your container. All the rest should be clear water. Slowly and carefully pour off the top clear water WITHOUT disturbing the precipitation beneath. If you accidentally mix it together, you are going to have to let it settle again for another 24 hours.

Step 6: Time to wash the precipitation. You will add an equal amount of distilled water to the precipitation as you have precipitation. So if you have 350ml, you add 350ml of water. Simple, right? Allow to settle for 24 hours, pour off (step 5 again) and add at a 1:1 ration again. You will do this a total of three times. What's left is your "washed" precipitation.

Step 7: Now that your Ormus precipitation has been washed, simply add the same amount of distilled water to it again and bottle it. It is now ready for use! Pretty exciting, isn't it? After nearly a week of work, you are ready to start getting the benefits of the Ormus materials.

What's the proper dosage for the Ormus materials made using this Ormus wet method?

Good question. After dosing the material in step 7, most of those in the know suggest starting with ½ teaspoon a day on an empty stomach and moving up once you can judge how well your body responds to it. Less is often more with Ormus, so be cautious! Don't forget: once again, safety always comes first.



Chapter 6

Benefits of Ormus Minerals

Now we really are starting to get into the territory that has attracted nearly all of us to explore this mysterious and exciting material—the much discussed benefits of Ormus minerals. We will be going into the major categories in their own dedicated chapters, but a broad look at what they offer is a great way to start! Ormus is, without a doubt, one of the brightest discoveries of our life time. Read on and find out why.

Major Benefits of Ormus Minerals

Ormus's actions spread across the entire spectrum of life, spreading vibrancy, energy, and life force. Here are the main areas it seems to greatly influence:



Offers Incredible Health Benefits: Something really magical happens when a person supplements with Ormus, which hasn't been seen in the field of natural health supplements before or since its discovery. The effects of Ormus cover a very large area of ground, which leaves many awestruck not only when they first study it, but even more so when they add it to their diet for the first time. In a field where supplement claims are often far removed from reality, the results of taking Ormus minerals makes true believers time and time again. All fingers point toward this being a foundation of vibrant and healthy life, and the feedback confirms it.



Energizes soil and agriculture: The amazingly energizing action of Ormus isn't just seen in animal and human life. It also has just as powerful an action in the soil and agriculture—from increasing crop yields to promoting larger and healthier plant life. In many cases Ormus has even been shown to be able to rejuvenate and resurrect badly damaged soil. This has agricultural experts in the know raving about Ormus

and its potential to revolutionize many (or most) areas of farming in a natural, healthy, and effective way. This also further confirms the theories that the Ormus act in a positive manner in all areas of life.

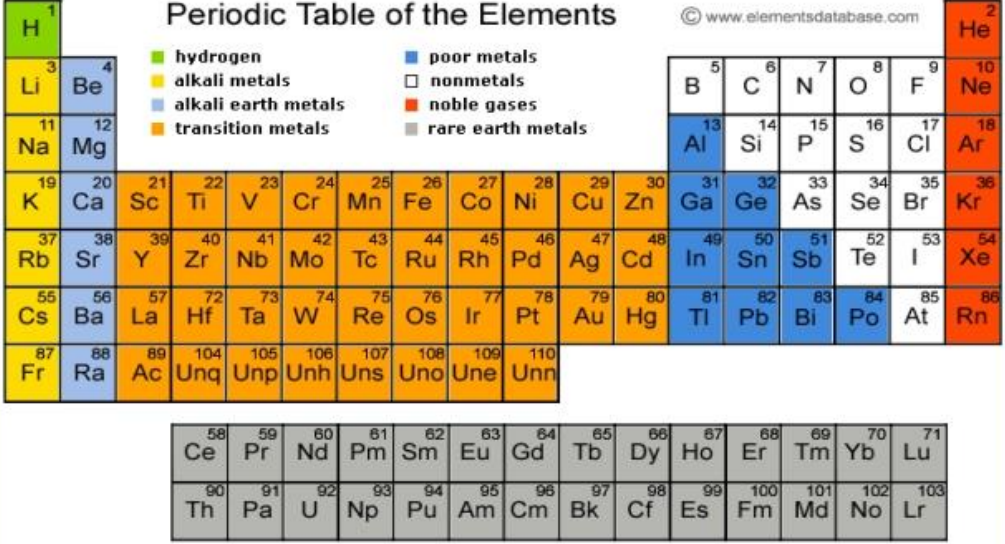
Possibly has many more unseen benefits: The focus of our book is on all the benefits and news of Ormus minerals today that are both confirmed and backed by science. It is quite apparent if you have an interest in meditation or other spiritual practices, that many believe the Ormus minerals also boost and enhance these efforts. This belief was held in ancient times all the way up to today. If you explore these areas, these materials could well enhance and accelerate your journey.

These three areas could each have a series of books written on them, and we will be exploring the first two—health and plant benefits—shortly. This is just the beginning. Expect many more benefits to be revealed each and every year, if not sooner. The research and studies are being done and a smart prediction says that the feedback will continue to be favorable!

Ormus represents cutting-edge benefits, and more and more forward thinkers are improving their lives from every angle with it all the time. Ormus is all natural, affordable, safe, and powerful; it's hard once you are let in on the secret of Ormus not to make full use of it.

Chapter 7

Known Ormus Minerals and Elements

KNOWN ORMUS ELEMENTS		Periodic Table of the Elements																	
27 (Co) Cobalt 28 (Ni) Nickel 29 (Cu) Copper 44 (Ru) Ruthenium 45 (Rh) Rhodium 46 (Pd) Palladium 47 (Ag) Silver 76 (Os) Osmium 77 (Ir) Iridium 78 (Pt) Platinum 79 (Au) Gold 80 (Hg) Mercury		 <p>© www.elementsdatabase.com</p>																	

Let's recap a bit about Ormus while we investigate Ormus minerals and elements that are known. This serves two very big purposes for us in our quest to expand our horizons using this wonderful material.

The first purpose is that in all things in life, knowledge is power. By better understanding the "how, why, and what" of Ormus, the more likely we are to have confidence in it and continue to use it until we see its explosive benefits. Many people believe, and studies back up this belief, that the more you have faith in any natural health supplement the more likely it is to exceed expectations. The mind has a great influence on the body.

Second, having as much information about what you are potentially putting into your body (in this case, Ormus minerals and elements) makes sound sense from a safety standpoint, doesn't? Even in the case of a material as generally safe as Ormus.

Ormus Minerals and Elements (That Are Known)

Now, we know Ormus refers to a class of unique and distinct elements and minerals whose atomic state gives them special properties when made available for our use. They seem to possess much more energy and life-enhancing qualities than the normal minerals and elements of the same name.

So what we are saying, as an example, is that you can expect something like Ormus Gold to have radically different and more beneficial effects than plain gold, and so on. This is obviously why the interest in Ormus is so high. The energetic nature, according to most researchers, is thousands of times greater in the Ormus minerals and elements!

The names of our currently known Ormus minerals and elements follow, along with notes where appropriate.

21	22	23	24	25	26	27	28	29	30
Sc	Ti	V	Cr	Mn	Fe	Co	Ni	Cu	Zn
39	40	41	42	43	44	45	46	47	48
Y	Zr	Nb	Mo	Tc	Ru	Rh	Pd	Ag	Cd
57-71	72	73	74	75	76	77	78	79	80
	Hf	Ta	W	Re	Os	Ir	Pt	Au	Hg

Gold (Au) 79: Ormus Gold, called by many different names, is probably the element and mineral that has held the most sustained interest of the materials from ancient time to today. Many suggest it is one of the major factors that give Ormus its much-sought-after life extension qualities. Historically this belief was held far and wide.

Silver (Ag) 47: Silver nearly approaches Ormus Gold in the level of interest it has attracted. Silver appears to exert great power as a pain killer, in combination with the other Ormus materials.

Platinum (Pt) 78

Iridium (Ir) 77: Heavily studied by expert researcher Barry Carter' Ormus Iridium has been shown to have unique qualities that clearly distinguish it from "normal" iridium.

Osmium (Os) 76: There's information that an Ormus Osmium battery is being tested with remarkable capabilities!

Palladium (Pd) 46: Palladium is said to act as a sort of "hydrogen sponge," super-hydrogenating the body (or soil) and killing disease.

Rhodium (Rh) 45

Ruthenium (Ru) 44

Copper (Cu) 29

Nickel (Ni) 28

Mercury (Hg) 80

Cobalt (Co) 27

Let us not assume that no other minerals and elements will be discovered in their m-state (another way of referring to Ormus minerals and elements). It is very likely that many more will be found as studies, research, and experiments continue by both professionals and amateur enthusiasts.

It's important to note that all of the Ormus minerals and elements listed here are very abundant in seawater, which explains why fresh seawater is held in such high regard by those using the Wet extraction method we discussed earlier. Seawater carrying the building blocks of vibrant life should come as little surprise, both by scientists and by the mystically inclined. The study of Ormus verifies both these seemingly diverse positions.

Even wilder evidence suggests that both "dark matter" and Earth's magnetic field contain Ormus elements and lightning too!

Science in this age can be as exciting as any piece of fiction.

Ormus Elements

A farmer from Arizona, David Hudson, was the person who discovered Ormus. Normally, ORME are atoms that are unbound to each other, but they group together to become a material.

The state of not becoming bound to each other is called mono=atomic state (m-state). ORME consists of diverse physical properties, making them unique to the normal elements.

It also consists of an exotic matter which is a novel form of matter realized. ORME elements are also known as m-state elements.

Ormus elements are believed to possess an excellent advantage on human mental as well as the physical health. In fact, it was understood to be god's good in Egypt.

The Egyptians consumed them to amplify their mental, physical, and spiritual capacities. It was referred to as the Philosopher's Stone in several alchemy books.

There are at least twelve metals believed to be the Ormus elements. They include gold, platinum, iridium, osmium, palladium, rhodium, mercury, cobalt, nickel, copper, ruthenium, and silver. The list of the Ormus elements is not complete as others might not yet have been discovered. These metals are precious and have numerous atomic states.

Ormus elements are richly available in the salt of seawater, the air, fresh water, and some rocks. Rhodium and iridium are Ormus elements vital for humans. For instance, rhodium is mainly used to cure specific diseases, whereas iridium is essential for good health.

There are a variety of methods used to extract Ormus elements from the natural resources. For example, to extract the elements from the salt of seawater, we require a magnetic trap that attracts Ormus from the source.

The magnetic trap is designed in such a way that it applies Meissner's effect. Only Ormus rhodium-based elements are collected through this method.

The elements are also found in some foods and several biological systems. The regular food substance that constitutes iridium and rhodium elements is aloe vera, which is ideal for human health.

Gold is another vital element that is significant in improving health of human beings. Often, it is known as white gold or M-gold. Ormus gold elements have properties that enhance long life support, spiritual consciousness, and anti-aging characteristics that produce considerable changes and production of neurotransmitter. Ormus gold also relieves joint disintegration and pain. It enhances the cell metabolism to a needed rate. It is scientifically proven that it aids in rejuvenation of cells. It is also mentioned by scientists to facilitate the flow of energy in every meridian of acupuncture as well as inside micro tubules in living cells.

Generally Ormus elements are growing popular globally because of their rare and special properties which enhance health at all direction. They are crucial to those people who practice meditation, yoga, and alchemy. Several people have made complete recoveries from various diseases such as AIDs, cancer, diabetes, emphysema, bipolar disorder, heart disease, sclerosis, and osteoporosis.

Presently, knowledge of the nature of Ormus elements and how to use them is at its early stage. There is an emergence of scientists who are interested in undertaking research work to make considerable discoveries based on these elements. Numerous workgroups have been established to make people work as a team and combine their efforts in this field.



Chapter 8

Ormus and Salts

For those of you who want to know more about Ormus, Ormus and salts can be thought of as being a life energy. This is because Ormus elements have beneficial values to all living things. Many of you are familiar with the term "live foods" or "living foods." Living foods are foods that still contain their life energy. Most foods have a certain amount of life energy when they are harvested, and they tend to lose this energy if they are cooked or processed, or if it is some time before being consumed.

Similarly, water has this life energy when it comes out of the ground. Most people argue that artesian spring water contains the highest amount of life energy (Ormus) content of any water available. It is easy to compare and tell the difference between concentrated Ormus water and regular spring water because the Ormus water tastes almost oily and thick. It feels very relaxing and hydrating.

The original Ormus elements are a group of eight metals which include ruthenium, palladium, rhodium, and silver (known as the "light platinum group"), iridium, osmium, gold (known as the "heavy platinum group"), and platinum.

Ormus elements are chemically reactive in their metallic form. They are relatively good conductors of both electricity and heat. However, in the m-state these elements are chemically unresponsive. They are poor conductors and they behave more like ceramics and unlike metals.

The valence electrons (usually available to form bonds with other atoms) in Ormus elements are theorized to pair up with each other to form Cooper pairs. Theoretically, Cooper pairing reduces the size of individual atoms (clusters of atoms, or di-atoms) as electrons are drawn more tightly together. During this activity, the cluster/atom tends to spin more rapidly. In the high spin state, each Ormus element loses about 44% of its weight. It becomes a tiny, elusive packet of light.

Unlike their metallic form, Ormus elements are usually not bonded in an interconnected lattice. Their molecular and atomic configurations determine their physical characteristics, not the number of neutrons and protons in the nucleus. Since valence electrons are not available for chemical reactions, identifying Ormus elements using standard spectroscopic analysis tends to be difficult. They are also difficult to quantify, which has resulted in controversy over their existence. Despite this, there is evidence of interesting properties exhibited by some Ormus elements:

1. Antimagnetic (Meissner) field's presence. A Meissner field excludes other magnetic fields (including the Earth's

magnetic field), and it causes some elements to levitate.

2. A quantum coherence condition whereby a group of atoms, rather than acting as individual units, respond as one unit.

Some conditions that result in Cooper pairing produce a superconductive condensate that is coherent at the quantum level, which is called a Bose-Einstein Condensate (BEC) after Albert Einstein and Satyendra Nath Bose, who in 1920s postulated this state of matter. Their theory was approved in 1995 when BECs were created in the laboratory by Carl Wieman and Eric Cornell, who cooled atoms to a millionth of a degree above absolute zero.

Absolute zero is usually the temperature at which all atomic movement ceases. It is a general acceptance of prerequisite for superconductivity. It has been postulated that the Ormus elements have an internal temperature almost to absolute zero, which can be explained by the fact that the temperature contained at the vortex's center is much colder than at the Ranque-Hilsch effect (periphery); high velocity as a result of Cooper pairing could induce temperatures that approach absolute zero theoretically. This could explain how Ormus elements may exhibit superconductive qualities at room temperature.

Meissner field has been hypothesized to exist around each atom or cluster that is Cooper-paired. The development of a condensate that is coherent (BEC) would lead to the establishment of a larger Meissner domain possessing a non-polar magnetic field that is capable of repelling a traditional polar magnetic field. Ormus elements are more likely to work in concert with the forces in water in order to bring about the coherent domain that is of the same type that exists in BECs.

Ormus and water are playful and powerful partners. Water provides a structured domain within which Ormus will stay under one condition. This is as long as it is not exposed to strong direct sunlight or electromagnetic fields. Ormus elements also structure water. An ending "structure" results in tiny cages for Ormus elements to reside. Water can hold an abundance of the Ormus elements within its structure.

Water that is saturated with Ormus is theoretically a superfluid without any resistance to the energy and information transmission. Animal brains have been found to contain high quantities of Ormus (particularly iridium and rhodium). This could be an indication of the significance of the Ormus elements for effective transmission of signals in living things. The addition of Ormus into the water can be of high benefits. In addition to helping water maintain coherent structure, it also provides health benefits. These potential benefits have been known for years among a small group of Ormus enthusiasts.

Ormus and salts are more prevalent in paramagnetic soils, lava, unprocessed salts, natural springs that bring water to the surface of the Earth, and ocean water. Many foods are thought to naturally concentrate Ormus (blue-green algae, cacao, bee pollen, medicinal mushrooms, bamboo, and many plants that are considered to be superfoods). However, any plant grown in Ormus-enriched water or soil may contain more Ormus. Research demonstrates that plants supplied with Ormus (either in the soil or in the water) grow with much vigor, meaning that they are highly resistant to diseases, drought, insects, and cold than plants that grow without supplemental Ormus.

There are a variety of ways of converting elements to their Ormus state. This includes adding Ormus elements to the water in the form of Ormus and salts and spinning them into a high-spin state. Other methods concentrate Ormus elements for more therapeutic amounts. One way to get a higher concentration of the Ormus elements for your garden or in your diet is to use a concentrated Ormus product. There are many good products on the market.



Chapter 9

Health Benefits of Ormus Minerals

Ormus is an exciting subject, but no aspect of this astonishing material even begins to approach the amazing health benefits it brings when added even in small doses to a person's health and diet program. In this area, Ormus is nothing short of completely revolutionary in all the best ways.

Researchers, natural health authorities, and Ormus experts all agree that Ormus minerals are a vital and essential part of the human body. Everything from our hair, skin, and nails to our muscle tissue and even DNA contains the Ormus minerals and elements.

When we are low in this material, like nearly everyone following a "modern" diet and being exposed to everyday environmental chemicals and stresses, our health suffers and suffers badly. Optimal health is impossible without addressing this problem.

When supplemental Ormus is taken and our levels are high, the following discussion indicates just some of the benefits many people are commonly seeing.

Health Benefits of Ormus Minerals



Enhanced Immune System Functioning: Ormus is repeatedly described as being "pro-life" by people like David Hudson, when describing its influence on the immune system. Ormus acts on the DNA to return the body to its original "perfect state" nature intended. Most people become sick only rarely, if at all, once they begin smart and safe supplementation. Some experts have even suggested these materials can successfully combat ailments as serious as cancer and AIDS. This of course needs to be studied much further.



Increased Rate of Healing: Ormus also speeds up the healing process all over the body. This includes everything from cuts, burns, and wounds to internal issues like bone breaks and muscle tears and sprains. In many cases the healing process has been sped up to a degree that seems nearly magical.



Slowing and Partial Reversing of the Aging Process: Life-extension enthusiasts are a subculture who have been overwhelmed by the responses they have seen again and again from supplementing with Ormus minerals. These have included wrinkles vanishing and even white hair eventually changing back into its original color. No other natural health supplement has even come close to these types of results. Expect the use of Ormus minerals to explode in life-extension circles as this information spreads more broadly.



Boosting of Strength and Athletic Conditioning: In the last few years, some athletes who are willing to think "outside of the box" having been using Ormus minerals while strength training and conducting other forms of sport conditioning. Bigger strength gains, quicker recovery, and increased endurance have all been reported. Ormus minerals are obviously non hormonal and aren't banned by any sports bodies, including Olympic committees.



Mood Enhancing and Anti-Depressant: In addition to having such a remarkable rejuvenating effect on the body, Ormus exerts a similar action on the mind. Described by many as a "purifying" feeling, depression and ill will are quickly lifted from most people taking Ormus minerals.

This seems to work equally well in aiding a person to get over addiction-related issues, even very extreme ones. Along with mood enhancement, this seems to act as a gateway for increased and more meaningful spirituality for many. These reports mimic those from the ancients who used Ormus minerals for this sort of thing exclusively, often in combination with esoteric-like long periods of fasting.



Improved Sleep: Insomnia and other unnatural sleep disorders are quickly brought under control when supplementing with Ormus. The quality of dream sleep is also dramatically improved, especially for those making efforts to dream lucidly.



Heightened Energy and Awareness: Without any sort of stimulant like jitters, Ormus energizes the body in a safe and sustainable way. Increased productivity, decreased need for sleep, and heightened awareness are all commonly experienced, as well as laser-beam-like focus. It is important to recall just how safe Ormus minerals are, which makes them unique for a material that holds these types of benefits!

How is that for a list of health benefits? They cover the complete human experience from the body and mind to the emotions and the spirit. This is the prime set of reasons why the Ormus minerals are so exciting and interesting and why so many brilliant people have gone so far in experimenting with them. They can change a person completely for the better. Hardly anything other than the Ormus minerals can as realistically make that claim. Pretty amazing!

Different Ormus testimonials reveal that there are a lot of physical benefits too that one can get out of Ormus. Some of them are as follows:

It helps:

- Intestinal tract to absorb food particles
- Nourishment and hydration of body cells
- Body cells in generating hydroelectric energy
- Rejuvenation of the body cells
- Proper communication and regeneration of body cells
- Repair damaged tissues
- Prevent muscle cramps
- As anti-ageing support
- Relief from joint pain
- Increased electrolytes
- Improved vision
- Increased level of energy in a person

- Promote DNA and RNA
- Strengthen bones
- Maintain a healthy blood sugar level
- Maintain a healthy immune system function
- Promote a healthy cellular pH balance.

Ormus Effects

Ormus is concluding outcomes of an ancient and natural alchemical process commencing with salt from the Dead Sea and ending with separated noble metal materials including iridium, gold, silver, palladium, osmium, platinum, rhodium, and silver in a monatomic state.

Intensive research on the substance shows it is a superconductive and has the capacity of transmitting and carrying electromagnetic energy of light.

It is extremely significant for a full spectrum of body building. It is advisable that the moment you receive your bottle, follow the prescription carefully. One can take the substance directly from a dropper holding it in the mouth for at least three breaths. You can as well mix the contents of single dropper in a significant amount of water. It can be taken with or without food.

Some people may find it difficult to sleep when they consume Ormus too late at night. Always take it in the beginning of the day. Never forget to shake well before use to guarantee strength and consistency.

Positive Ormus Effects

Ormus is known to help communication between the body and spirit as well as between the cells. It increases mental focus, clarity, sense of calmness, rejuvenation, and intuition.

Most people have reported an improved vision, decrease of menopausal symptoms, and better digestion.

Taking Ormus creates a sense of expanded strength and comprehension due to the natural reaction the body is having to the metals that are in a high spin state.

It gives you an overwhelming feeling of calmness that arises from simultaneous universal and earth connection.

It activates and enhances one's full brain-generating neurons to fire more effectively and efficiently. This allows new possibility of through and old though fades away.

Long-term ingestion produces cellular life; lengthens telomere, reverses aging, and works on cellular structuring and rejuvenation. It has the capacity to activate enzymes dominant in many cells, known as telomerase.

The enzyme begins the process of rebuilding the telomere, which is done through the highest scientific expertise employing an extract of Astragalus to stimulate telomerase.

Ormus is capable of restoring natural intuitive awareness. It arranges one's own innate skills and genius.

It enhances the ability to open and create possibilities, cancelling out unnecessary future as a result of an amplified vibrational state.

It also appears to stimulate elimination of body toxins. It is necessary to take a lot of water as well as doing a liver cleansing if possible in the beginning stages of Ormus ingestion.

The kidneys and liver are the main organs transferring toxins out of the blood and eradicating them from the body.

Negative Ormus Effects

Ormus is more beneficial to human beings than impacting adverse effect to human beings. In fact, scientists have noted that Ormus has few side effects.

This includes a cleansing effect which is similar to fasting, sluggishness and tiredness effects at the starting of super-conduct energy.

If such situation arises, it is better to stop ingesting Ormus until the symptoms are clear. Reduce the amount to approximately half and eventually work back up to the normal dosage amount.



Chapter 10

History of Ormus

Ancient history is checkered with references to substances and materials that are in all likelihood Ormus. These have spanned times and cultures, some of which had never even had contact with each other in any way. In fact, all the major religious texts also seem to make mention of Ormus or Ormus-like materials.

As time passed, some scholars have theorized this knowledge was purposely hidden. With formulas and methods of extraction kept a kind of closely guarded secret and passed orally among alchemists, secret societies, and other kindred spirits, some information was lost completely.

In the 1970s a wealthy cotton farmer and gold miner named David Hudson in Arizona made a startling discovery. Hudson had been intrigued by volcanic soil on his land and was curious to learn if it contained any precious metals he could make a profit from. He ordered samples sent to a lab for a full analysis. The results left the technicians and later Hudson himself baffled.

In some of the samples there was a small amount of material that had no chemical reactions, no metal-like character, and no signature when examined with a spectroscope. After a forward-thinking lab tech exposed the material to a longer time under intense heat, the substance transformed and surprisingly began showing some qualities in common with the most precious of metals.

Aiming to seize what looked to be the opportunity of a lifetime, Hudson invested in a team of chemists and put them to good work. The modern study of the Ormus materials had finally begun!

Hudson filed for and received several patents covering both some of the materials and an extraction process for the Ormus. Amazingly, this occurred on one hand while on the other mainstream science journals ignored the discovery almost completely.

This marked an important moment in the modern history of Ormus as it inspired David Hudson to personally spread the word about these minerals and elements. Hudson published a natural-health-style newsletter which served to greatly raise awareness of Ormus as well as all of its health benefits and its likely ties to substances from the ancient times that did near miracles for mankind.

Hudson followed this with an even more important nationwide series of lectures on Ormus. These lectures

were the perfect combination of inspiration, passion, and education, and they were well attended. Not only did more dedicated people begin to use and extract the Ormus minerals, but they also wrote about it and spoke about it with zeal. This had a domino effect, and knowledge of and desire to use Ormus spread like wildfire.

Hudson eventually suffered some bad accidents and made some poor business decisions which saw him withdraw into seclusion, but this hardly mattered by that point. Awareness about Ormus had been successfully raised and there was no way anyone could make it a secret again.

There were (and are) many others in this time period and today who have also contributed to all of us learning more and more about Ormus. Names like researcher Barry Carter minus whom its hard to say what may have happened without all of their tireless work in the field. Carter especially did a great job promoting Ormus in the early days of the Internet, running some of the first websites and e-mail lists dedicated to the topic. He is still an active voice today.

As bright as the recent history and the present of Ormus may be, it truly pales in comparison to its blindingly bright near future. Stay tuned. It's not to be missed if you are interested in living life to the fullest!

Ormus Alchemy

Alchemy is an ancient philosophy whose initial practitioners and specialists assert that profound and intense powers originate from antiquity. This relates to the making of the Philosopher's Stone, with its capacity to change base metals into silver, gold, or noble metals, and talks about youth and longevity, which is the Elixir of Life. It expounds the possibility that nature and its spirit and soul resided in stone, water, metal, and organic matter. This philosophy strongly portrays this as the key to health and enlightenment. The ancient alchemical process, commencing from the Dead Sea salt and concluding with noble metals that are isolated (such as gold, silver, and platinum) in monoatomic form, finally results in Ormus.

Another name for Ormus is ORME, which stands for Orbitally Rearranged Monoatomic Elements.

Ormus is a group of substances that are said to illustrate a variety of phenomenal and miraculous properties, which may include superconductivity at room temperature, and also possess supposed healing abilities.

Ormus's chemical characteristics are identical to that of precious metals in an unusual state of matter, where the metals occur as single separate atoms and do not form any crystals or bonds.

Another theory is that Ormus is the essence of life, which means it is the material that the life force and soul of every single living organism is made from, or rather where it originates from.

Ormus is theorized to have the following characteristics: It has the ability to:

- Read another person's mind

- Act as a superconductor
- Rectify any errors in found in the DNA
- Levitate or raise the earth's magnetic field to some extent
- Be fused to a transparent glass
- Emit gamma radiation
- Have the characteristics of a flash powder, of emitting explosions of light.

Ormus alchemy enables advancement in the area of consciousness and, in particular, the area of spiritual consciousness. It facilitates an individual to explore a new level of consciousness. It also enables the remembrance of dreams. It helps in the healing of any damaged DNA. Likewise, it enhances meditation by decreasing stress and increasing the sense of well-being.

It also reduces aging by reducing scars, wrinkles, grey hair, and stretch marks, revitalizing the person's youth. In addition, it reverses hair loss and in turn increases hair growth. Its products are anti-fungal, antibacterial, and antiparasitic, which is good for detoxification purposes. Finally, their products help reduce soreness in muscles and joints because they have anti-inflammatory functions.

Ormus alchemy products can be in the form of Manna (Liquid Ormus), which can be ingested. They are also infused in moisturizing lotions and oils for application on the body. These products vary in their function.

It is certain that Ormus alchemy is a revolutionary technology and it is the key to the future wellness of the world's population. With the growing number of people who continue to use it and benefit from it, in due time these products will be heralded as the greatest and utmost scientific discovery of our modern times.



Information Backing Ormus Research Studies

Every athlete and fitness fanatic could use a boost at some point during their everyday exercise routines. Just about everyone is looking for an energy boost, and many chemical and pharmaceutical companies are willing to market pills that provide just that.

But if you want a natural way to elevate your energy level, look into trying some Ormus mineral supplements. There is a significant body of Ormus research that has demonstrated the energizing power of these miraculous natural minerals.

This guide is written to help you discover some of the evidence behind these supplements, and encourage you to take a step toward improving your fitness and enhancing your connection to natural energy boosters.

You may be asking, what are Ormus minerals and how exactly will they help me? Experts consider Ormus minerals to include so-called monatomic elements, which may also be called m-state elements. Research has demonstrated that these are minerals whose atomic structures are composed of particles that are not structurally bound, as they usually are. Often, these atomic particles have the same composition as other minerals, but they have obtained a different material state and can be classified as "exotic" mineral structures.

Some Ormus minerals may include salts that have been collected from the Himalayan Mountains, or other salt minerals that may have been harvested from ocean areas or the Dead Sea.

There are many proven benefits that have been demonstrated from taking Ormus minerals as a way to enhance your stamina throughout the day. For many people, these benefits manifest themselves through improved resiliency that can push your physical endurance to limits you never would have expected before taking the minerals. It can also rejuvenate the physical and spiritual bodies of people who may have been afflicted by various illnesses, or who have simply grown old.

Many people report feeling many years younger, and more fit, as a result of ingesting Ormus minerals identified as having special, naturalized properties. Best of all, this is only the beginning of what has been discovered by Ormus research.

Experts speculate that there are many unlocked benefits in areas of research that scientists haven't even begun to investigate.

Another proven benefit that has been demonstrated through Ormus research is that the minerals can enhance a person's cognition in a number of different ways. Some of these enhancements include greater clarity of thought and improved focus that will give a boost to anyone's productivity either at the office or while cramming for tests. Just about everyone could stand to gain from having their mental abilities enhanced, and it can be done in an all-natural and safe way!

Some Ormus research indicates that minerals containing humic and fulvic acids can allow people to increase their cognitive ability by orders of magnitude. Furthermore, Ormus research has proven that these minerals can improve and stabilize mood for many different people. For those suffering from anxiety-related disorders, Ormus has demonstrated that natural minerals have the ability to initiate calm, soothing feelings. For many spiritualists, these minerals have been thought of as acting like a key to enlightenment during meditative sessions. Because research has demonstrated they can enhance the mental capacity of those taking them, these minerals may unlock spiritual doors for those looking to reach a higher plane of consciousness.



Chapter 11

Ormus and Plants

Ormus has had limited thorough studies looking over some of its more spectacular aspects because of the strict nature and rules concerning human research in North America. Fortunately, these rules don't apply to agriculture, where Ormus has been being used with results as amazing as it has had with people.

Ormus not only represents a health revolution, but a complete revolution in agriculture to the degree that could change the face of the world for the better forever. This is no exaggeration. Ormus minerals, if widely used, would end the health risks of things like GMOs (genetically modified organisms) because there would be both no need and no desire for them at all.

Here is just a sample of data returning from experiments with plants and Ormus. They are nothing short of phenomenal!



Tomatoes grown in soil treated with the Ormus material doubled the number of flowers each plant produced as well as 28% more fruit overall.



In another study by the same group using a similar soil fed with high-quality Ormus minerals, green beans yield increased 80%, beets 67%, and soy beans 29%.



Research with a very large watermelon crop saw the number of watermelons rise 65% over the group that wasn't fed Ormus minerals. The use of Ormus on this watermelon crop is a stunning and undeniable difference.



One author saw his walnut tree, which is regularly fed Ormus, grow to twice the size of his other trees planted at the same time and not fed the minerals. It also provided six times the weight of walnuts, and the walnuts are all so big they leave observers awestruck!

Now that we see just a few examples of some of the huge benefits Ormus offers plants and soil, you may be wondering how the Ormus minerals deliver this magic. This isn't magic at all; it's all explained by good, hard science!

Ormus acts by:

Improving Root Growth: This dramatically raises the amount of both nutrients and water that are able to make it to the plant and give it nourishment. More nutrients and water equals healthier and happier plants.



Improving Overall Plant Growth: This, in turn, improves the yield of fruit. This commonly can be a huge increase in yield, something that brings a smile to the face of anyone doing farming, whether in a small garden or on a large commercial scale.

Greatly Reducing Transplant Shock

Increasing Plant Tolerance to Drought: This ability in harsh environments can potentially save a great many lives by thinking ahead and using Ormus minerals in the soil.

Increasing Nitrogen Levels in Soil and Fixing of Bacteria



Improving Soil Tilth and Aeration

Increasing Vitamin and Mineral Content of Fruit and Vegetables: In nearly every case, the fruit and vegetables grown with Ormus have a much better taste too.

You may be wondering if using Ormus minerals to improve soil quality and grow bigger and better is expensive or complicated, requires a great deal of material, or is toxic in any way. These are all good questions once you realize how powerful Ormus is. The answers are all also very exciting.

First, the Ormus minerals used for plants and soil is more than affordable.



Applying Ormus is very simple. If you can water plants, you can use this material without any issues. The amount of Ormus material required is relatively small. It varies according to what is being cultivated; for some plants this is as little as four liters per acre.

Ormus is safe and nontoxic. It builds life rather than harms it!

The suggestion that the Ormus minerals and elements are the building blocks of vibrant, energetic, and healthy life seems almost impossible to debate when you consider its plant and soil benefits along with its health benefits in humans and animals.

No other supplement or all-natural material has even approached offering these combined benefits. Ormus is in a category all by itself, and we should count ourselves lucky to be in on this secret!

Powerful Benefits of Using Ormus with Plants

Ormus is as close as something could get to actually being the elixir of life. It truly is a miraculous element and a blessing for mankind. Its benefits include:

Improved nutrient and water uptake

Improved root growth

Improved plant growth and yield

Reduced transplant shock

Reduced drought stress

Increased cellular respiration

Making plants more phototropic

Increased photosynthesis

Increased carbohydrate content of sap by Brix refractometer testing

Increased soil microflora

Nitrogen fixing and other bacteria

Phosphorous leaching and other fungi

Improved soil tilth and aeration

Healthier plants that are resistant to problems

More drought-tolerant plants

More transplant-tolerant plants

Larger and much better tasting fruit

Enhanced keeping quality

Increased mineral and vitamin content

Shorter growing cycle by weeks

Increased crop yields by 15% to 35%

Easy and inexpensive application

Organic product

Nontoxic product.

Ormus on Plants

Ormus is made up of monoatomic elements which were discovered by David Hudson. The Ormus elements exist in between the physical plane and the next plane, namely astral. It can be said that it is present in the supra-physical realm.

Ormus is obtained from pure organic salts from the sea. An ancient alchemical process helps to create Ormus where m-state or quantum elements are in high spin. The m-state elements in Ormus are transdimensional in their nature. The quantum field is subtly connected by the m-state elements.

The Ormus elements were found in the mineral kingdom. The word “Ormus” comes from acronym ORMES. These are the monoatomic elements which are orbitally rearranged.

The benefits of Ormus on plants can be understood by the “wet method” precipitates obtained from saltwater of the sea. In this method, the pH of the ocean water, raw salt of the sea, or Dead Sea water should be slowly brought to 10.78 and no more using a tablespoon of sodium hydroxide. It should be dissolved in 1/2 cup of water. Once precipitate is formed after getting settled, the clear water of the top should be siphoned and fresh water should be added to it. This should be repeated three or four times.

Ormus on plants increases cellular respiration, photosynthesis, and carbohydrate content. It increases nitrogen-fixing bacteria present in the soil—fungi that help in phosphorous leaching.

It improves soil tilth and helps in aeration, saves orchards from diseases, reduces the need for pesticides, and enlarges the fruit and makes it tastier.

The first experiment in Ormus was conducted in 1989 in the greenhouse of the experiment station. Tomatoes treated with Ormus averaged twice the total number of flowers and there was a 27% increase of fruit. In 1991, watermelons were treated with Ormus at the experiment station. There was an increase in yield of about 65%. Ormus is believed to be an integral part of the human physiology. It is present in skin, blood, DNA structures, brains, and other organs.

Ormus elements help in restoring DNA structures and cause evolution.

In 1992, Joann Mahaffey of Ontario's Stone Ground Farm received an increase in the production of apples by about 50%. A banana plantation in Okinawa reported a 100% increase in yield and maturation time reduced by 35%.

In another study, cauliflowers were produced so large that only four could be fitted into a box that was meant to fit twelve in it.

A kiwi grower in Australia received his harvest two weeks earlier than was expected. This made the person optimistic enough to expand his business.

Ormus helps in enhancing the clarity of several thought processes; it causes restful regulated and deep sleeping patterns and increases energy.

Ormus helps to strengthen the thymus gland, and strong antioxidant elements are exhibited. Rhodium is an element that is used as an alternative to cancer treatments.

Ormus shows its benefits within one or two days. It is completely non harmful.

In conclusion, Ormus helps to heal damaged tissues and fills the void and replaces substandard elements from the body. Thus, the immune system is also optimized due to this process.

Ormus for Plants

Ormus can make your crops BIGGER and HEALTHIER than before!

It's no wonder that Ormus for plants is crucial to increase the agricultural productivity by growing the healthiest and biggest crops most farmers and gardeners have ever seen in their life before.

As we move into the 21st century, we realize that recent agricultural fertilizing processes that use potassium, phosphorus, and nitrogen have reached their limits.

Every day, we experience rampant soil erosion and resource depletion on a global scale, but the demand for agricultural productivity continues to grow so that it is possible to feed the world population of 7 billion (10 billion in 30 years).

To meet this growing need, the only answer is monoatomics—found in Ormus.

"All my plants in my backyard have become freaking monsters!" says a gardener who has been using Ormus. "While my friend's plants have fungus and mites all around, my plants seem quite healthy."

He said the only difference was that he was using Ormus for his plants, while his friends were not. Likewise, another happy gardener exclaims, "The side-by-side is profound. It's only been six weeks, though."



What Is Ormus?

Well, Ormus is created from an ancient alchemical process from organic sea salt. It contains a quantum or m-state elements, which are known to be trans dimensional in nature as well as in behavior.

These m-state elements subtly connect to the quantum field to create a "Ch'i"—life-force energy, thereby producing vibrant and healthy plants and fruits in your garden.

Most farmers use Ormus to give life to their plants. They use Ormus to vastly increase the crop's vibrancy, yield, and hardiness, as well as the life of their personal garden.

What Does Ormus Contain?

Monoatomics, or m-state elements, are found in Ormus. They are released during the alchemical process from the organic sea salts. In addition to m-state elements, other elements such as calcium hydroxide and magnesium are found in Ormus.

In just six weeks, farmers and gardeners find their crops to become healthier and much larger, bearing more abundant fruit than ever before.

The difference is even profound when you perform side-by-side comparisons of plants treated with Ormus and those that aren't. Tomatoes, for example, treated with Ormus produce one to three pounds every day, and they taste very sweet, too!

How does this happen? Well, trillions of these monoatomic elements present in Ormus act together to focus on the "Ch'i," the life-force energy, and therefore, supercharge the growth of the plants.

How to Use Ormus?

Simply use two tablespoons of Ormus in a gallon of water. Add this mixture to the plant at the beginning of its vegetative state and again when the flower blooms.

When you use Ormus for plants, not only will it shorten its maturity time slightly, but it will also increase its yields up to 50%. Other plants have reported to grow even two to three times BIGGER than its normal size!

When Ormus is used for plants, they become far more resistant to disease, insects, fungus, mold, and other issues that may damage the crop. The plant become vibrant and makes the gardener happy.

Because Ormus is trans dimensional, many young plants developing as clones have shown genetic changes that improve their best attributes, which is very interesting stuff.

For every gardener who invests his hard-earned money buying expensive crops from the market, there's no better return on investment than adding monoatomic elements, found in the Ormus, to their plants.

So, if you are looking forward to growing the healthiest and the biggest crops you've ever seen till now, then you need to invest in Ormus, now!

Links to Research on Plants and Ormus

The following links are to research conducted at the Louisiana State University Ag Center:

<http://www.subtleenergies.com/ormus/tw/LSU-AGCENTER.pdf>

<http://www.subtleenergies.com/ormus/tw/Hanafi-Zucchini.pdf>

<http://www.subtleenergies.com/ormus/tw/Hanafi-GreenBeans.pdf>

<http://www.shotproducts.com/>

<http://www.subtleenergies.com/ormus/tw/drought.htm>

<http://bloomthedesert.com/news>

<http://www.subtleenergies.com/ormus/tw/shamrock.htm>

<http://www.subtleenergies.com/ormus/tw/topsoil.htm>

<http://www.subtleenergies.com/ormus/tw/soilhealth.htm>

http://www.subtleenergies.com/ormus/tw/Dirt_First.htm

<http://www.subtleenergies.com/ormus/tw/biochar.htm>

<http://www.subtleenergies.com/ormus/tw/grapes.htm>

<http://www.subtleenergies.com/ormus/tw/plums.htm>

<http://www.subtleenergies.com/ormus/tw/carrots.htm>

<http://www.subtleenergies.com/ormus/tw/walnuts.htm>

<http://www.subtleenergies.com/ormus/tw/Sea-CropTests2008.htm>

http://www.priestessalchemy.com/html/plant_elixirs.html

<http://www.subtleenergies.com/ormus/tw/plants.htm>

<http://www.subtleenergies.com/ormus/tw/myplants.htm>

<http://www.subtleenergies.com/ormus/tw/citrus.htm>

<http://www.subtleenergies.com/ormus/tw/Sea-CropResults.htm>

<http://www.subtleenergies.com/ormus/tw/grapevine.htm>

<http://www.subtleenergies.com/ormus/tw/elx.htm>

<http://www.subtleenergies.com/ormus/tw/freezetolerance.htm>

<http://www.subtleenergies.com/ormus/tw/Sea-CropTests2007.htm>

<http://www.subtleenergies.com/ormus/tw/oranges.htm>

<http://www.subtleenergies.com/ormus/tw/greenonions.htm>

http://www.subtleenergies.com/ormus/tw/Sea-Crop_MicroTom.htm

<http://www.subtleenergies.com/ormus/tw/moregreen.htm>



Chapter 12

Ormus and the Future

As interesting as its mysterious past may be and as exciting as its present is, both pale in comparison when we consider what the future holds for Ormus. With more and more being learned about the material every day and methods of use and extraction being perfected, we can expect Ormus to become even more valuable as a tool for building a healthy and happy life.

Some Predictions about the Future of Ormus

Ormus Will Become More Widely Accepted. This is only a matter of time. With the perfect storm of acceptance building up steadily, soon even skeptics will be forced to admit that the science behind Ormus is sound and the feedback and results seen by those using it is undeniable. There is a certain breed of skeptic (often motivated by their vested financial interests) who will always be loudly opposed to any effective and affordable natural health enhancer. In the near future, these people will be much harder to hear over the discussions in favor of the Ormus taking place among those who are using it and are enjoying the benefits every day first hand.

Ormus's Use for Life Extension Will Skyrocket. With problems associated with growing old affecting the lifestyles of more people as each year passes, it is only natural that some will turn away from chemical attempts to address these problems and instead will embrace Ormus minerals. Things like HGH and testosterone replacement therapy come along with definite risks; Ormus is more effective, more affordable, and much, much safer than any other life-extension options available now or in the foreseeable future.

Ormus Will Be Embraced as an Alternative to GMOs. As resistance grows among the health conscious to the idea of GMO crops (genetically modified organisms) and certain countries ban them completely, Ormus minerals will be turned to as a means to cheaply increase crop yields. When people realize this can be accomplished in a healthy way, Ormus could become the most talked about agricultural advancement of the century!

More Hard Research Will Be Done on the Spiritual Side of Ormus. There has been an incredible amount of speculation and interest in the spiritual and psychic possibilities surrounding Ormus over the ages. Regrettably, very little of this has been studied to date. Expect this to change in the future as studies are done and these possible properties are mapped out and explored.

New Extraction Methods Will Debut. The near future will certainly hold in it the appearance of new Ormus extraction methods. With so many very intelligent and creative people involved with Ormus extraction, methods that yield a purer end product, that separate different Ormus minerals, and that are easier to perform and less expensive to set up will all likely be appearing soon. This in turn will encourage even more people to add Ormus minerals to their diet and their agricultural projects too.

Ormus Use Will Become Popular among Athletes. Athletes are always looking for a competitive edge without doing anything that may result in their being banned from competition. As awareness of the Ormus minerals spreads more widely, we can expect athletes from all types of sports to add Ormus to their programs. This will allow hard training more often, injuries to heal faster, and the many other health benefits of Ormus to work toward maximizing their athletic performances.

Ormus Will Be Turned to as an Antidepressant Alternative. Antidepressants are notoriously harsh, addictive, and life disrupting. Many people use them despite all this as they are unaware that safe, natural, and effective alternatives exist. The Ormus minerals are at the top of the list of the ones that work. In the future, wise doctors may reject the drugs and chemicals and advise their patients to try safe options like Ormus.

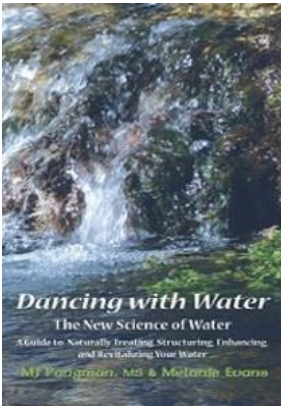
This may just be the tip of the iceberg from what we will see in the uses and applications of the Ormus minerals and elements in the future. It's all very exciting to experience Ormus first hand. We may be the first modern generation to have the chance to use this compound to help us fulfill our human potential. Great things await new consumers of Ormus.



Chapter 13

Ormus References and Sources

The following sources of information were found very useful in writing our book. In some cases I may differ with small aspects of what they present, but overall these should be great resources should you choose to explore Ormus in even greater depth.



Dancing with Water: The New Science of Water: *Dancing with Water* is an exciting book and website that cover many health benefits of water that most people are unaware of. *Dancing with Water* is a very informative look at Ormus and its relationship with water. The book is well written and inexpensive, and packed with information.

Website: www.dancingwithwater.com

Subtle Energies: Subtle Energies is the best source for historical information on Ormus from the 1980s and 1990s. It contains nearly everything available on David Hudson, including transcripts from his most important talks. It also features the work of Barry Carter, a quite prolific and entertaining author who has focused on Ormus and more or less took the torch from Hudson when Hudson retired. User testimonials are another interesting feature of Subtle Energies.

Website: <http://www.subtleenergies.com/ormus/index.htm>

Hado Energy: This is the website of Dr. Masaru Emoto, a scientist, genius, and strong advocate of Ormus minerals. Dr. Emoto gives a great deal of credibility to the Ormus studies as he is a serious and successful physician in his native Japan. He is also a serious and eye-opening writer. This website is highly recommended.

Website: <http://www.hado-energy.com>

Be Well Buzz: A website not strictly dedicated to Ormus minerals, but it contains a wide variety of health tips and natural supplement discussions. Using Ormus should be part of an entire holistic health program, and if you need some ideas Be Well Buzz can be a help or can add some inspiration. Check it out.

Website: <http://www.bewellbuzz.com>

There are, of course, many other books and website available, but this should serve as a good start for the inquisitive mind.

Most of all, don't forget to check back at our own website often as we are doing our best to give you the most up-to-date and cutting-edge information on Ormus available today! We are looking forward to hearing from you.

Website: <http://www.WhatIsOrmus.com>

See More

http://www.naturalnews.com/022705_Ormus_healing_medicinal.html#ixzz2J0GMw4Da

The Physics of Monoatomics

<http://www.subtleenergies.com/ormus/research/research.htm>

<http://www.bluewateralchemy.com/category-s/1832.htm>

Ormus Research

<http://www.bluewateralchemy.com/category-s/1829.htm>

Buy ormus Online

http://www.tibetangold.com/ssl/zc/?gclid=CJ_ElLnwg7UCFcp9OgodQIQASA

<http://www.ormusminerals.com/>

<http://zptech.net/overview.html>

Make Your Own Ormus

<http://www.subtleenergies.com/ormus/tw/articles.htm#METHODS>

<http://youtu.be/q8SiUFLcSpl>

<http://youtu.be/68jtnuMAa00>

<http://youtu.be/oV0hDpG25IA>

https://www.tibetangold.com/ssl/zc/index.php?main_page=product_info&cPath=18&products_id=132

Videos about Ormus

http://youtu.be/_f6FwR4KYrs

http://youtu.be/wTSPPtIc8_8

http://youtu.be/tHnS3_DZWEU

<http://youtu.be/R7i-SJIGh3M>

<http://youtu.be/boJ-bt9apZ4>

Other Information

<http://monatomicormus.blogspot.com/>

<http://www.chymiamonatomic.com/index.htm>

<http://www.youtube.com/watch?v=limuceuYOrs>

<http://www.sciencelearn.org.nz/Contexts/Nanoscience/NZ-Research/Gold-nanoparticles-from-plants>

<https://www.facebook.com/pages/Merkaba-Ormus-Monoatomic-Elixirs/407756665953635>

<http://www.ronsblogworld.com/?p=1826>

http://en.wikipedia.org/wiki/User:Sloth_monkey/ORMEs

<http://www.subtleenergies.com/ormus/tw/walnuts.htm>

<http://www.subtleenergies.com/ormus/tw/articles.htm#ANCIENT>



Chapter 14

Ormus Glossary

M-State Minerals. Another name for Ormus materials.

ORME. Short for orbitally rearranged monoatomic element. Another name for Ormus sometimes used by David Hudson and his students.

Ormus. Ormus is a substance discovered in the 1970s by David Hudson, who stumbled upon Ormus while mining for gold on his land. It is likely one of the building blocks of life and carries with it a vast number of health benefits.

Ormus Minerals and Elements. Gold, silver, platinum, iridium, osmium, palladium, rhodium, ruthenium, copper, nickel, and mercury are the Ormus minerals and elements we are currently aware of. More are sure to be discovered.



Chapter 15

Ormus Frequently Asked Questions

Here's a sample of some of the most common questions asked through our websites. If you don't see your question answered, please feel free to send it in and we will do our best to answer it for you. Join the Ormus conversation!

Question: I can hardly wait to try Ormus. Where would you recommend I order it, so I can be sure it's a great quality product?

Answer: Great question, since there have been reports of a few lower-quality products circulating around using the Ormus label. I would suggest you order from www.whatisormus.com or www.ormusminerals.com, where I can personally vouch for the quality and the reliability of the service.

Question: Why are there so many names for the same material?

Answer: Well, in history it's likely that different cultures gave it different names independently. In our modern era, this confusion was probably caused by David Hudson who chose to use different names depending on the venue or audience. We prefer Ormus, which is the name that is by far most widely used today.

Question: Are we sure Ormus is safe? Has there been any bad reactions to it?

Answer: Taking too much of anything containing vitamins and minerals should obviously be regarded as a bad idea. Ormus is no different and you should be sure to follow the directions on your supplement bottle, or guidelines that are widely available on the Internet and elsewhere. Safety always come first.

Question: I have heard Ormus can fight cancer. Is it true?

Answer: David Hudson claimed to have cured a dog with cancer through aggressive Ormus supplementation. There have been no human studies that I am aware of. If you have such a serious medical condition, the best advice is to follow the guidance of a professional with plenty of experience treating your ailment. They may even suggest you take Ormus.

Question: Is Ormus the Philosopher's Stone?

Answer: Different people have different theories. There's certainly no shortage of books on the subject. I would suggest you explore these currents yourself if these things interest you and then you can come to your own conclusion.

Question: Can I give Ormus to my pet?

Answer: Many people give very, very small amounts of Ormus to their dogs and cats. Be sure to do this in very small amounts only. Reports say this does wonderful things for their health.

Question: Does Ormus in the soil change the qualities of the vegetables grown at all?

Answer: Yes. They will likely be larger, be more packed with vitamin and nutrients, and even taste better too. Ormus really boosts the health-giving qualities of the soil in a measurable way you can see, feel, and taste.

Question: Which of the Ormus extraction methods would you suggest for a beginner?

Answer: It all depends on your level of creativity, if you would like to build your own trap, and so on. I would suggest the wet extraction method and seeing how you can best execute that according to your own ability and means.

Question: I weight lift as a hobby and was wondering will Ormus have a bad reaction with any of the other supplements I am taking? Right now I take creatine, glutamine, and whey protein.

Answer: We aren't aware of the Ormus minerals' having any adverse reaction with other health and fitness supplements. As far as creatine goes, it appears as if the Ormus will actually help your creatine absorb faster and work better. This is in addition to all the other muscle-building and endurance-enhancing effects of the material. Adding Ormus to your program makes good sense backed up by both science and real-world results.

Question: I have been taking Ormus minerals for a month and it looks like I won't need to pick up my Viagra prescription again. Is this common?

Answer: Getting your body to optimal health and also clearing up any possible depression issues is a quick way to correct any sex drive issues a person may be experiencing. Ormus takes care of these two issues very powerfully, which explains why you are leaving your ED medication alone. Congratulations on becoming more healthy and getting chemical free!

Question: Is there a particular diet that works best with Ormus? Do I need to eat very clean to see all of its health benefits?

Answer: If you take Ormus minerals following the directions steadily, in a short period of time you will begin getting healthier regardless of your diet. Now to get yourself to optimal health, it is suggested you eat healthy and clean in addition to supplementing with Ormus. Many enthusiasts cut out meat or fast for periods of time, claiming this enhances their experience with Ormus. This is a matter of personal choice, inclination, and opinion.

Question: Is it possible to add too much Ormus mineral to soil?

Answer: Yes, absolutely. Many studies were done on this, and beyond a certain point your yield will suffer and your plants and vegetables won't be being produced at the peak health and energy they could be. More is not always better when it comes to nature. Follow directions or scan the web and get an idea what others have done with your particular crop. Best of luck and good wishes.

Thank you for taking the time to read our book. I hope you have found it both educational and inspiring. Please send feedback and news of your own adventures with Ormus! We would love to hear them.

Keywords that are used to Research Ormus and links.

"gold orme" + "forest green"	http://ormusminerals.com/Ormus-Minerals-Gold-0
"m-state magnesium"	http://ormusminerals.com/Ormus-Minerals-Magn
"ormus minerals"	http://ormusminerals.com/Ormus-Minerals-Ormus
"ormus"	http://ormusminerals.com/Ormus-Minerals-Ormus
"red sea" ormus osmium	http://ormusminerals.com/Ormus-Minerals-Red-S
\$2 monoatomic drink	http://ormusminerals.com/Ormus-Minerals-Ormus
84 minerals liquid energy nmonoatomic gold	http://ormusminerals.com/Ormus-Minerals-Gold-0
amazon ormus for plant growth	http://ormusminerals.com/Ormus-And-Plants.htm
ambrosia ormus	http://ormusminerals.com/Ormus-People.html
ann beversdorff recipe ormus	http://ormusminerals.com/Ormus-Grape-Recipe.h
anne beversdorf ormus	http://ormusminerals.com/Ormus-Grape-Recipe.h
barry carter ormus	http://ormusminerals.com/Ormus-People.html
barry carter ormus for sale	http://ormusminerals.com/Ormus-People.html
barry carter ormus website	http://ormusminerals.com/Ormus-People.html
barry carter, ormus	http://ormusminerals.com/Ormus-People.html
bay salt in korea	http://ormusminerals.com/Rich-Ormus-Minerals-S
benefits of drinking sole	http://ormusminerals.com/Ormus-Minerals-Himal
benefits of ormus	http://ormusminerals.com/Ormus-Minerals-Ormus
benefits of ormus oil	http://ormusminerals.com/Ormus-Minerals-Healin
benifits of ormus	http://ormusminerals.com/Ormus-Minerals-Ormus
benign tumor ormus	http://ormusminerals.com/Ormus-Minerals-Ormus
best ingredients for ormus gold	http://ormusminerals.com/Ormus-Minerals-Red-S
best oil for ormus	http://ormusminerals.com/Ormus-Minerals-Healin
best ormus recipe	http://ormusminerals.com/Ormus-Minerals-Ormus
best salt for making ormus	http://ormusminerals.com/Rich-Ormus-Minerals-S
boiling gold ormus	http://ormusminerals.com/Ormus-Minerals-Gold-0
boiling ormus	http://ormusminerals.com/Hands-On-Making-Ormu
bromium ormus	http://ormusminerals.com/Ormus-Minerals.html
buy ormus	http://ormusminerals.com/Ormus-Minerals-Ormus
buy ormus minerals	http://ormusminerals.com/Ormus-Minerals-Ormus
buy ormus uk	http://ormusminerals.com/Ormus-Minerals-Ormus
buy the ormus	http://ormusminerals.com/Ormus-Minerals-Ormus
buying ormus	http://ormusminerals.com/Ormus-Minerals-Ormus
c 11 ormus	http://ormusminerals.com/Ormus-Minerals-Gold-0
c11 minneral	http://ormusminerals.com/Ormus-Minerals-Gold-0
c11 ormus	http://ormusminerals.com/Ormus-Minerals-Gold-0

c-11 ormus
cache:<http://www.ormusminerals.com/>
caution with ormus
celtic sea salt ormus
cherokee gold ormus
chris emmons ormus
clay ormus
cloudy ormus water
cocanut oil into ormus
composition of korean sea salt
concord grape juice ormus
copper ormus
crystal ormus
cure tinnitus with ormus
david hudson minerals
david hudson monatomic gold receipe
david hudson ormus
david hudson ormus gold
david hudson ormus products
dead sea ormus
dead sea salt and grape seed oil ormus
dead sea salt autism
dead sea salt chemical analysis
dead sea salt for ormus
dead sea salt from israel
dead sea salt ormus
dead sea salts from israel
denis of oz
denis of oz ormus
dennis of oz
diatomaceous earth perma guard human
diatomaceous earth, nanobacteria
diatomaceous earth benefits
diatomaceous earth
do concord grapes contain ormus
don nance
don nance gold coin method
don nance ormus
don nance wet method
dried ormus
drinking sole benefits
dry method recipe ormus
drying ormus
easiest way to extract ormus

<http://ormusminerals.com/Ormus-Minerals-Gold-0>
<http://ormusminerals.com/>
<http://ormusminerals.com/Ormus-and-Cautions.htm>
<http://ormusminerals.com/Rich-Ormus-Minerals-S>
<http://ormusminerals.com/Ormus-Minerals-Gold-0>
<http://ormusminerals.com/Ormus-Minerals-Ormu>
<http://www.InnerGrounding.com>
<http://ormusminerals.com/MEOW-Water-Energize>
<http://ormusminerals.com/Ormus-Minerals-Healin>
<http://ormusminerals.com/Rich-Ormus-Minerals-S>
<http://ormusminerals.com/Ormus-Grape-Recipe.h>
<http://ormusminerals.com/Ormus-Minerals.html>
<http://ormusminerals.com/Ormus-Minerals-Ormu>
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